

國立高雄大學九十四學年度轉學招生考試試題

系所組別：運動與健康休閒學系 二年級	科目：英文
考試時間：90 分鐘	本科原始成績滿分 100 分
<p>Below you find 40 easy questions to test your English. Each question counts 2.5 points. Good luck!</p>	
<hr/> <p>Below you find the beginning of sentences as they can be found in on-line news. But how do the sentences continue? Only one answer is correct.</p> <hr/>	
<p>1) Former world champion Mike Tyson says he will quit</p> <ul style="list-style-type: none"><li>a) his fight which many expected him to win.</li><li>b) boxing after losing to McBride.</li><li>c) hesitatingly walking to his corner after being pushed down to the floor by McBride.</li></ul>	
<p>2) Italians are going to the polls on Sunday and Monday in a referendum</p> <ul style="list-style-type: none"><li>a) will vote on proposals to ease rules restricting assisted fertility.</li><li>b) have collected four million signatures to force the referendum on whether to ease the rules.</li><li>c) that the Roman Catholic Church has asked them to boycott.</li></ul>	
<p>3) Some of the world's poorest countries have welcomed a debt relief deal</p> <ul style="list-style-type: none"><li>a) made by their richer lenders.</li><li>b) welcomed the deal - but say they want more nations to benefit.</li><li>c) should benefit from 100% debt relief within 12-18 months.</li></ul>	

- 4) Peace talks on the troubled Sudanese region of Darfur have failed
  - a) will continue consultations on Sunday.
  - b) of the mediating teams.
  - c) to begin for a second day running.
  
- 5) Ethiopia's main opposition party is demanding the release of its leader who
  - a) were beaten by police with fists and clubs.
  - b) the violence and resolve the dispute over the elections.
  - c) it says has been placed under house arrest.
  
- 6) World health officials say they are moving closer to the global eradication
  - a) two years ago polio immunisation was halted.
  - b) of polio.
  - c) of polio is northern Nigeria.
  
- 7) The Afghan government has confirmed it freed
  - a) the mother of the man suspected of kidnapping an Italian aid worker.
  - b) the mother of suspected kidnapper Shah was released along with three other detainees.
  - c) reportedly identified Mr Shah as her abductor to Italian police.
  
- 8) In 1980 Bangladesh produced just over 40 million kilograms of tea and more than
  - a) three quarters of it was shipped overseas.
  - b) new variety of tea that has just been developed.
  - c) much of the work took place in the Institute's tea tasting room
  
- 9) Action movie star Jackie Chan has apologised to the people of Taiwan
  - a) had prompted calls for Chan's films to be banned in Taiwan.
  - b) over comments he made about last year's elections.

c) as "the biggest joke in the world".

10) The work of Mexican artist Frida Kahlo forms the main summer exhibition

a) died in Mexico City, aged 47, on 13 July 1954.

b) among 80 of Kahlo's paintings on display are two donated by pop star Madonna.

c) at the Tate Modern in London.

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One word is missing. Which one?

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11) More than 20 million people have visited the art gallery, \_\_\_\_\_ in an old power station.

a) settled

b) housed

c) allocated

12) A \_\_\_\_\_ rumour that Michael Jackson has tried to kill himself is being used to spread an e-mail virus.

a) fraud

b) fake

c) forge

13) Film, TV and music makers are figuring out how to \_\_\_\_\_ in a digital era where the consumer is in control.

a) sustain

b) subsist

c) survive

14) At least two die in bombs attacks in Iran, as the country prepares for \_\_\_\_\_ next week.

a) selections

b) choice

c) elections

15) The last remaining \_\_\_\_\_ around Bolivia's main city La Paz are lifted, allowing

fuel in for the first time in weeks.

- a) locks
- b) blockades
- c) blocks

16) A test indicates a US cow may have BSE, but further tests are needed to \_\_\_\_\_ the case.

- a) confirm
- b) establish
- c) reinforce

17) As the jury in the Michael Jackson trial continues to \_\_\_\_\_ a verdict, the atmosphere among fans and police is becoming increasingly tense.

- a) bargain
- b) discuss
- c) reason

18)

Taiwan is the island which has for all practical purposes been \_\_\_\_\_ for half a century but which China regards as a province that must be re-united with the mainland.

- a) disconnected
- b) independent
- c) isolated

19)

Legally, most nations - and the UN - \_\_\_\_\_ the position of the Chinese government that Taiwan is a province of China.

- a) agree
- b) admit
- c) acknowledge

20)

Taiwan is considered to have achieved an economic miracle, becoming one of the world's top \_\_\_\_\_ of computer technology.

- a) producer

- b) engineer
- c) farmer

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Below you find a news report. What do the word in the headline mean?

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21-23)

Big Apple fails U.S. quest for the Games

Organizers of New York's bid for the 2012 Summer Olympics owe at least an apology to Washington, San Francisco and Houston -- its top competitors for the U.S. Olympic Committee nomination for those Games.

21

- a) Big Apple = New York
- b) Big Apple = Olympic games
- c) Big Apple = Washington

22

- a) quest = apology
- b) quest = nomination
- c) quest = bid

23

- a) the Games = Olympic Committee
- b) the Games = Summer Olympics
- c) the Games = San Francisco

24-26)

G-8 pact slates \$40 billion in debt relief

The world's richest countries agreed yesterday on a historic deal to write off more than \$40 billion of debt owed by the poorest nations.

24)

- a) G-8 = poorest nations
- b) G-8 = world's richest countries
- c) G-8 = historical deal

25)

- a) debt relief = historic deal
- b) debt relief = debt owed by the poorest nations
- c) debt relief = write off more than \$40 billion of debt

26)

- a) pact = debt owed by the poorest nations
- b) pact = deal
- c) pact = write off

27-30)

Oil prices, imports boost trade deficit

The U.S. trade deficit rose to \$56.96 billion in April as a big jump in exports was swamped by record foreign oil prices and heavy American demand for imports.

27)

- a) boost = rose
- b) boost = billion
- c) boost = demand

28)

- a) Oil = foreign oil
- b) Oil = big jump
- c) Oil = swamped

29)

- a) imports = jump in exports
- b) imports = demand for imports
- c) imports = trade deficit

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Grammar, Grammar, Grammar. Only one sentence is correct.

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30)

- a) I am waiting for John.
- b) I am waiting of John.
- c) I am waiting John.

31)

- a) It very much depends of you.
- c) It is very much depending on you.
- c) It very much depends on you.

32)

- a) I rely of his help.
- b) I rely with his help.
- c) I rely on his help.

33)

- a) I am concerned on you.
- b) I am concerned about you.
- c) I am concerned at you.

34)

- a) I consider buy of a car.
- b) I consider buying a car.
- c) I consider the buying a car.

35)

- a) I consider the acquisition of a business.
- b) I consider an acquisition of a business.
- c) I consider acquisition of a business.

36)

- a) I do not have some choice.
- b) I do not have any choice.
- c) I do not have no choice.

37)

- a) Bill asked me the street is where.
- b) Bill asked me where is the street.
- c) Bill asked me where the street is.

38)

- a) The export is much smaller as expected.
- b) The export is more small than expected.
- c) The export is much smaller than expected.

39)

- a) "Who gave you the book?"

"It's me who got the book from Mary".

b) "Who gave you the book?"

"It's the book which I got from Mary".

c) "Who gave you the book?"

"It's Mary who gave me the book".

40)

a) What a wonderful sound!

b) How a wonderful sound!

b) A how wonderful sound!

## 國立高雄大學九十四學年度轉學招生考試試題

系所組別：運動健康與休閒學系 二年級 科目：運動與科學

考試時間：90 分鐘

本科原始成績滿分 100 分

## 一、是非題 80%

- 1、運動生理學是因運動而引起生體反應為對象的學問、生物學、生化學、相關領域，這些學問與人的運動有密切的關係。
- 2、在激烈運動下，生物體的各種組織，也會接受比在安靜或日常生活更激烈的活動。
- 3、長時間中保持高度的運動能力是我們研究普通生理學的目標。
- 4、老化是成長和發達之對照性現象，老化對生物來說是一種生命的過程。是成長、發達後漸漸退化的過程。
- 5、運動刺激對於成長與發達之進行有促進作用，但運動刺激不可以防止老化的進行。
- 6、預防對於人體疾病有顯著的影響，所以運動的目的與功能是維持健康。
- 7、防衛體力是活動的基本，行動體力則是維持生命的基本身體能力。
- 8、運動是為了健康而做，這是一種正確的觀念。
- 9、由於高齡化社會是必然的潮流，在那個時代之前，我們必須提高自己的健康管理的能力與對策。
- 10、尼古丁最初是促使思敏捷，但很快的會疲倦、精神萎靡，心率變慢血壓下降，大腦思維敏銳性降低。
- 11、運動不足的話，病患的危險因子就會上升，不活動的時間較長，對心臟病患沒有影響。
- 12、輕微的運動對於副交感神經會產生緊張，血壓因運動負荷而上升，健康的人會因運動不足而引起心血管系的影響。
- 13、sports 是肌肉收縮與心智的活動，exercise 指具有競賽或娛樂健身性質的身體活動。
- 14、傷害是突發性的暴力對身體組織所產生的破壞作用，但累積多次機械性作用力所造成的「微傷」，會產生症狀或功能障礙，亦稱傷害。
- 15、凡是和運動有關所發生的一切傷害都可以列入運動傷害的範圍。

- 16、關節周圍的韌帶被不適當地拉扯，導致部分或全部斷裂，患處並出現紅腫及感到疼痛稱為拉扯傷。
- 17、骨骼在長時間的過度使用下，會在主要的壓力點形成壓力性骨折現象稱為疲勞性骨折(stress fracture)。
- 18、關節的骨塊因被猛力撞擊而脫離原本的位置，依附著關節周圍的韌帶也同時被拉傷而導致斷裂稱為挫傷。
- 19、運動員必須在運動前做熱身運動及伸展動作，幫助肌肉及關節的柔軟性。
- 20、準備運動主要作用是讓心臟血管系統回復正常的狀態，並幫助排除肌肉因進行新陳代謝所產生的廢物。
- 21、凡與運動有關而發生的一切傷害都可列入運動傷害的探討範圍，依受傷或症狀或病史區分為急性和慢性傷害。
- 22、急性運動傷害是指累積多次微小傷害的身體病態現象。
- 23、均衡營養，就是從飲食中攝取適量的營養素，以供新陳代謝及活動所需。
- 24、碳水化合物源自糖和澱粉質，從穀類產品、水果、蔬菜、牛奶和豆類中找到。
- 25、脂肪的來源包括動物油脂、植物油脂、蛋類和奶類，但不能幫助溶解維生素A、D、E、K以促進吸收和使用
- 27、蛋白質主要維持身體的生長發育與修復傷害的細胞
- 28、對人體較重要的礦物質可分為三種；鈣、磷和鐵，磷的主要來源是牛奶、蛋、綠葉蔬菜、豆類和硬殼果，鈣的主要來源是蛋、魚、肉類、豆類和牛奶。
- 29、選擇食物時必須配搭得宜，方能確保營養均衡，否則，對生物體造成抵抗力下降、發育不良。
- 30、人體細胞活動所發揮的功能，每一項都要能量。
- 31、運動時，活動中的肌肉將儲存的能量轉變為運動能量和熱能，脂肪是長時間運動的主要能量來源。
- 32、脂肪是運動員的飲食之中最重要的營養素，因為它是唯一能夠為人體長時間劇烈運動提供能量的物質。
- 33、肝醣儲存在肝臟內，以維持血中葡萄糖的濃度，確保大腦有足夠的葡萄糖供應。

- 34、蛋白質亦是產生能量的一種來源。如果運動時缺乏肝醣，肌肉將依靠脂肪供應能量。
- 35、長時間的而言，運動員在運動進行中飲用含有葡萄糖的飲品能增加運動耐力。
- 36、大量出汗時，失水達體重的 6-8% ，才需要補充，尤其以鈉的補充為甚。
- 37、人體只需攝取提供總能量 5-10% 的蛋白質便足夠。
- 38、藥物濫用致藥物成癮是一個漸進且連續性的過程，可怕的是產生「依藥性」與「耐藥性」。
- 39、經常運動對於輕微高血壓的人，可提高交感神經系統的活動能力，促使血液內腎上腺素增加，使血壓降低。
- 40、糖尿病患者除血管會加速硬化外，也同時患上高血壓和血中膽固醇過高症，所以注射胰島素和服用藥物之外，亦需控制體重以幫助控制病情。

問答題：

- 一、運動傷害的原因。10%
- 二、運動傷害的定義。5%
- 三、同儕團體或藥物次文化的影響。5%